

## MOVEMENT FOR MUSICIANS - IIMIF 2020

Monday, July 13 at 11am

### Doreen Keith

- Dancers are music for the deaf. They help us see music!
- Taking music you know and framing it another way
  - E.g. Fazil Say and Paganini
  - [https://www.youtube.com/watch?v=okI7\\_SDhVSU](https://www.youtube.com/watch?v=okI7_SDhVSU)
- Your music is an integral part of dance: live music is never the same and your way of playing it affects your audience!

### Elizabeth Borowsky

#### Much standard classical repertoire IS associated with dance:

- Johann Sebastian Bach: dance movements within the suites
- Pyotr Ilyich Tchaikovsky: Swan Lake, The Nutcracker
- Sergei Prokofiev: Romeo and Juliet
- Maurice Ravel: Boléro
- Johann Strauss II: On the Beautiful Blue Danube
- Frederic Chopin: Mazurkas, Polonaises, Waltzes
- *And many more! Some are more obvious than others....*

#### Dance explores range of motion

- How many ways can we move our body?
- How do our shoulders or torso impact our fingers?
- How does awareness of motion impact our use of our body and breath, and our awareness of tension?

#### Exploring music through motion:

- As a musician: What's on the score? Form, length of phrase, time signature, tempo, articulations, peak of melody, changes of harmony
- How do you hear/process music and turn it into choreography?
- Understanding dances of music
  - Allemande, Minuet, Courante, Gavotte, Gigue, Polonaise, Mazurka, Waltz, Tango, Folk Dances
  - Many available examples of each available on YouTube!
- Understanding your music through movement:
  - Can you conduct it?

- Can you include articulations, dynamics, and form?
- How about the character?
- How much motion is necessary? How little is necessary?
- Moving with the music as you play: shows intention, helps with sound production... and reminds you to be free (rooted feet, but flexible trunk and branches)
  - The follow-through (basketball, baseball, golf... you must go beyond the note that you are playing and lead to the next one... make your intention clear)

**Try it:** Move to your music! Explore the character of each phrase/section.

- E.g. <https://youtu.be/K-f6bUVFKso>
- <https://www.youtube.com/watch?v=BWairKgESbc>